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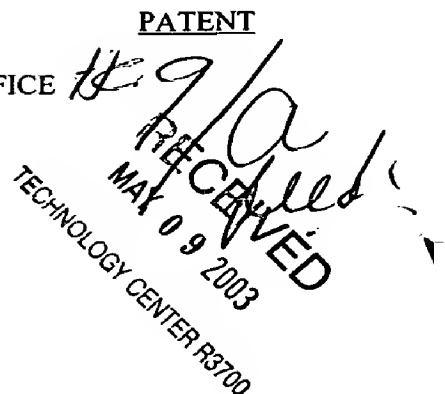
IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

In re: Gary Mitchell et al.  
Serial No.: 09/998,039  
Filed: November 30, 2001  
For: BICEPS CURL MACHINE

Group Art Unit: 3764  
Examiner: F. Mathew

Date: April 30, 2003

Commissioner for Patents  
Washington, DC 20231



**RESPONSE TO OFFICE ACTION DATED 31 DECEMBER 2002**

Sir:

This paper is in response to the outstanding Office Action dated 31 December 2002 (the Action). Applicants respectfully request reconsideration of the Action in view of the following amendments and remarks.

**In the Claims:**

Please amend Claim 33 to the form set forth below; changes to this claim are indicated in the attached appendix entitled "Version with Markings to Indicate Changes."

33. (amended) An exercise machine for exercising the biceps muscles of a user, comprising:

- a frame configured to rest on an underlying surface;
- a seat mounted to the frame and configured to receive a seated user;
- a pair of support pads mounted to the frame forwardly of and above the seat, each of the support pads being positioned to engage one of the upper arms and the elbows of the seated user;
- a pair of movement arm units pivotally interconnected with the frame and movable about respective generally horizontal axes of rotation, each of the pair of movement arm units being configured to engage at least one of the forearms and the hands of the user, each of the pair of movement arm units being movable between an extended position, in which the seated user's arms are substantially straight, and a curled position, in which the user's arms are bent, the axes of rotation forming an angle of between about 115 and 155 degrees; and